SHRIMP & GRITS 2017 ESTATE CHARDONNAY





INGREDIENTS

4 cups water Salt and pepper

1 cup stone-ground grits

3 tablespoons butter

2 cups shredded sharp cheddar cheese

1 pound shrimp, peeled and deveined

6 slices bacon, chopped

4 teaspoons lemon juice

2 tablespoons chopped parsley

1 cup thinly sliced scallions

1 large clove garlic, minced Tabasco sauce (optional)

SERVES: 4-6

COOKING TIME: 1 Hour

INSTRUCTIONS

- 1. Add water to a medium saucepan and bring to a boil.
- 2. Season the water with salt and pepper.
- 3. Add grits, whisking thoroughly to prevent lumps, and cook until water is absorbed, about 20 to 25 minutes.
- 4. Remove from heat and stir in butter and cheese.
- 5. Rinse shrimp and pat dry.
- 6. Fry the chopped bacon in a large skillet until browned and crisp. Remove to a paper-towel-lined plate and drain well.
- 7. Add the shrimp to the skillet with the bacon fat and cook over medium heat until pink, approximately 2 minutes.
- 8. Add lemon juice, chopped bacon, parsley, scallions and garlic to the pan and sauté for 3 minutes longer.
- 9. Spoon grits into a serving bowl, top with shrimp mixture, and serve.
- 10. Top with Tabasco sauce if desired.

