

## Ridge Holiday Pairings

# Chicken Liver Crostini with Fried Sage

### Pair with 2011 Estate Cabernet Sauvignon

#### Ingredients:

#### **Chicken Liver Pate**

- 2½ pounds Chicken Livers, cleaned
- Salt
- Rice Bran or other Neutral Oil
- ½ cup Shallots, brunoise
- ½ cup Ridge Late Harvest Viognier or Apple Ice Wine
- 3 tablespoons Aged Balsamic Vinegar
- 2 tablespoons Sherry Vinegar

#### Fried Sage

- Rice Bran or other Neutral Oil
- Sage leaves

#### **Directions:**

#### **Chicken Liver Pate**

- 1. Generously season the livers with salt and allow to cure at room temperature for 20 minutes
- 2. Heat a thin screen of rice bran oil over medium heat in a large sauté pan
- 3. Fill the pan to 85% capacity with livers
- **4.** Cook until the livers change from red to tan and then flip starting with the smallest pieces and working up to the larger pieces
- **5.** Cook the livers until they are medium-rare to medium, removing them from the pan as they reach temperature
- 6. Remove the cooked livers to a resting rack and allow to cool to room temperature
- 7. Repeat with the remaining livers
- **8.** While the livers are cooking, poach the shallots in the Viogner / Apple Ice wine over a medium-low flame with a large pinch of salt until dry
- 9. Remove from the heat and allow to cool
- **10.** Once the livers have reached room temperature, finely chop them
- **11.** Move the chopped livers to a mixing bowl, add the poached shallots, and season with both vinegars and salt

#### Fried Sage

- 1. Fill a pot that is taller than it is wide 1/3 of the way with oil
- 2. Over medium-high heat, warm the oil to 350 degrees
- 3. Adjust the heat to maintain this temperature
- **4.** Drop the sage leaves into the oil and fry, swirling with a spider strainer/utensil until the leaves are no longer bubbling
- 5. Vigorously drain the fried sage, and remove to a sheet tray lined with paper towels
- **6.** Shake the oil from the leaves and continue to transfer to new sheet trays lined with paper towels until there is no trace of oil on the towels
- 7. Once fully cooled, remove to an airtight container lined with paper towels
- 8. Sage will last for 1 day

#### To Serve

- Crostini, made from Sourdough Baguette Chicken Liver Pate
- Fried Sage Leaves

Place a spoonful of chicken liver pate on the crostini. Garnish with a fried sage leaf.